

This sermon, the Fifth installment in a series on the Fruit of the Holy Spirit (Galatians 5:22–23), explores the biblical concept of **peace**. Opening with the historical account of 16th-century English martyr Bishop Nicholas Ridley—who slept soundly just nights before being burned at the stake because he rested in God's peace—the message contrasts temporary worldly remedies (holidays, mindfulness, healthy living) with the lasting, supernatural peace offered through the Holy Spirit amidst a world full of global, local, and domestic conflict.

Pastor Juge Ram breaks true biblical peace down into three sequential dimensions:

1. Theological Peace (Peace with God)

- **The Problem:** Because all humans are sinners (Romans 3:9–18), humanity is naturally at war with God, and a holy, just God must oppose and punish sin (Psalm 7:11; Isaiah 59:2).
- **The Solution:** Just as warring nations require a mediator to broker peace, Jesus Christ acts as the sole Mediator between God and man (1 Timothy 2:5–6). By paying the ransom for sin on the cross, Christ satisfied God's wrath.
- **The Result:** Those who put their faith in Christ are justified, forgiven, and reconciled into a state of eternal peace with God (Romans 5:1, 10).

2. Sociological Peace (Peace with People)

- **The Foundation:** Lasting peace between people and nations fails because there is no underlying peace with God. True peacemaking (Matthew 5:9) only happens after a person humbles themselves, mourns over their sin, and hungers for righteousness (Matthew 5:3–6).
- **The Illustration:** The preacher shares how his father—formerly a violent, gambling alcoholic—and his sworn enemy, both came to Christ years apart. When they unexpectedly met at church as new creations in Christ, they reconciled and became inseparable friends.

- **The Practice:** Believers are called to be peacemakers, not peacebreakers—refusing to hold grudges, never taking revenge, and overcoming evil with good, even toward enemies, as far as it depends on them (Romans 12:17–20).

3. Psychological Peace (Peace of Mind)

- **The Prerequisite:** Although people desperately crave relief from anxiety and psychosomatic stress, true peace of mind is impossible without first having peace with God (removing guilt) and living peaceably with others.
- **The Remedy for Anxiety:** Even believers face overwhelming trials beyond their control—such as illness, bereavement, or persecution (like Paul writing from chains in Philippians 4). Instead of letting worry throw the heart (emotions) and mind into turmoil, Paul instructs believers to bring every burden to God through serious, dedicated prayer, supplication, and thanksgiving (Philippians 4:6).
- **The Promise:** In response to genuine prayer, the supernatural peace of God acts like a garrison of Roman soldiers guarding the fortress walls of Philippi—protecting the believer's heart and mind with an inexplicable inner calm even while external difficulties rage on (Philippians 4:7).